

Table 2. Estimated mean outcomes

Outcome measures	n	Adjusted means	Baseline adjusted mean changes			Mean differences between groups at 6-month follow-up	
		Baseline Mean (95%-CI)	Discharge Mean (95%-CI)	2-month Mean (95%-CI)	6-month Mean (95%-CI)	ITT-analysis Mean (95%-CI)	P-value
FAMS* (Score 0-176)							
Intervention	209	115.9 (111.0, 120.8)	12.6 (10.0, 15.2)	3.0 (0.5, 5.3)	0.6 (-2.1, 3.5)	1.6 (-1.4, 4.7)	0.232
Control	204	115.1 (110.0, 120.4)			-1.0 (-3.5, 1.6)	Ref.	
MSIS-29 Physical* (Score 0-100¹)							
Intervention	209	40.8 (37.0, 44.6)	-12.0 (-14.1, -10.2)		-0.2 (-3.0, 2.3)	-0.6 (-3.0, 1.8)	0.640
Control	204	41.0 (37.1, 45.1)			0.4 (-2.1, 2.8)	Ref.	
MSIS-29 Psychological* (Score 0-100¹)							
Intervention	209	31.8 (27.9, 35.2)	-9.7 (-11.6, -7.9)		-1.2 (-3.8, 1.2)	-2.7 (-5.6, -0.1)	0.046
Control	204	29.8 (25.7, 33.3)			1.5 (-0.7, 3.6)	Ref.	
15D Index (Score 0.106-1.000)							
Intervention	209	0.771 (0.754, 0.789)			0.011 (-0.007, 0.027)	0.017 (0.005, 0.030)	0.008
Control	204	0.777 (0.762, 0.794)			-0.006 (-0.023, 0.008)	Ref.	
EQ-5D-5L Index (Score -0.624-1.000)							
Intervention	209	0.638 (0.606, 0.669)			-0.032 (-0.070, 0.001)	0.006 (-0.015, 0.028)	0.596
Control	204	0.638 (0.605, 0.669)			-0.038 (-0.075, -0.002)	Ref.	
EQ-VAS (Score 0-100)							
Intervention	173	60.4 (56.7, 64.1)	9.7 (7.1, 12.4)		3.8 (-0.1, 7.1)	2.5 (-1.1, 5.9)	0.112
Control	165	62.9 (58.9, 66.6)			1.2 (-2.5, 4.8)	Ref.	
Factor 1							
Intervention	209	0.064 (-0.147, 0.264)			0.063 (-0.044, 0.187)	0.116 (0.003, 0.229)	0.039
Control	204	0.130 (-0.068, 0.339)			-0.053 (-0.145, 0.059)	Ref.	
Factor 2							
Intervention	209	-0.161 (-0.308, -0.010)			-0.053 (-0.186, 0.063)	0.035 (-0.058, 0.139)	0.473
Control	204	-0.189 (-0.342, -0.037)			-0.089 (-0.206, 0.030)	Ref.	

* Primary outcome. ¹ Higher score indicating greater impact.